

TalkTools®

Jiggler™



TalkTools® Jiggler™



Therapeutic Goals

1. Increased Tolerance of Varying Textures/Vibration
2. Improved Skills within the Oral Musculature
3. Reduce “fixing” or tension of the Orofacial Muscles
4. Improve Pre-Feeding and Feeding
5. Improve Oral Placement Therapy (OPT) Skills for Speech
6. Improved Speech Clarity with /oo/ /oh/ /w/ /r/ /sh/ /ch/ /m/ /b/ /p/ and More

*** NOTE:** Consult your physician for clients under the age of one-year-old or who have a history of seizures.

CONTRAINDICATIONS: *Do NOT use the TalkTools® Jiggler with clients who have been diagnosed with seizure disorders that are stimulated by vibration.*

ADDRESSING:



Feeding



Muscle-Based
Exercise



Speech

Instructions

*Disinfect Therapy Tools Before Each Use. ***

CHOOSING THE MOST APPROPRIATE TALKTOOLS® JIGGLER™:

There are six TalkTools® Jigglers: Unicorn, Dragon, Frog, Sloth, Turtle and Shark. Each Jiggler™ addresses specific goals. In some cases, you may be using two, three or even six Jigglers during a therapy session, depending upon the needs of the client. Once the sensory goal has been achieved, progress immediately to a muscle-based exercise. The TalkTools® Jigglers are used to prepare the muscle for work, but remember that sensory intervention will encourage a motor plan for speech and feeding.

All six TalkTools® Jigglers are effective for increasing sensory awareness in the muscles of the jaw, lips, and reducing “fixing” or tightening in the muscles of the jaw. In some cases the Jigglers, satisfy the need for temporomandibular joint (TMJ) stimulation as a replacement to negative oral habits. In addition, each individual TalkTools® Jiggler™ can be used to meet more specific goals.

*** NOTE:** These can also be used as a reward to help maintain attention and more.

***PureGreen24 – Disinfectant available on www.talktools.com*



DANI DRAGON

For helping to achieve Increased Sensory Awareness

FREDDY FROG

For helping to achieve Lip Rounding & Protrusion

SAMMY SLOTH

For helping to achieve Lip Rounding

UNI UNICORN

For helping to achieve Lip Closure

TAYLOR TURTLE

For helping to achieve Spoon Feeding Development, Lip Rounding & Protrusion, and Lip Closure

SHILO SHARK

For helping to achieve Increased Sensory Awareness, Pre-Feeding, and Lip Closure

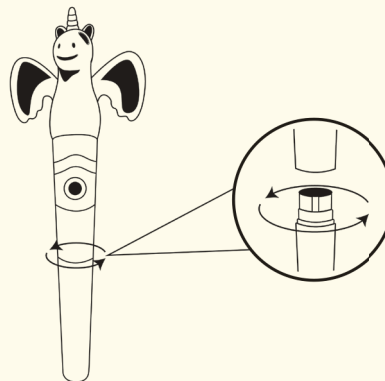


VIBRATION: Tap button to adjust vibration frequency to meet the individual sensory needs of your client.



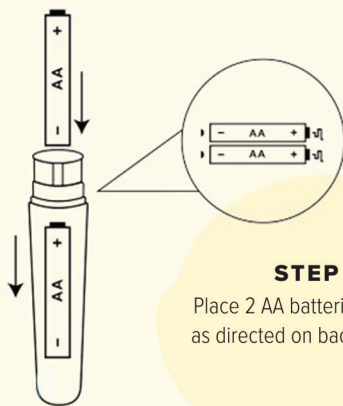
STEP 1

Use small screwdriver to remove screw from back side of handle.



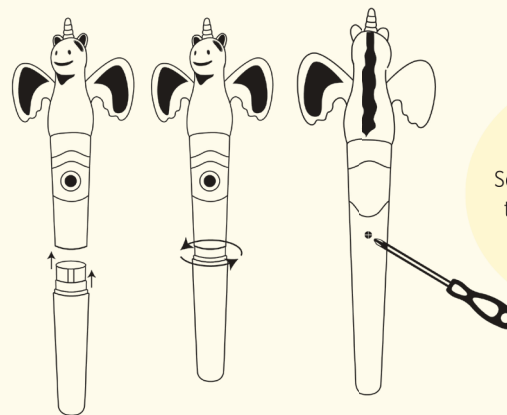
STEP 2

Twist handle counterclockwise from Jiggler character to separate.



STEP 3

Place 2 AA batteries in holder as directed on back of Jiggler.



STEP 4

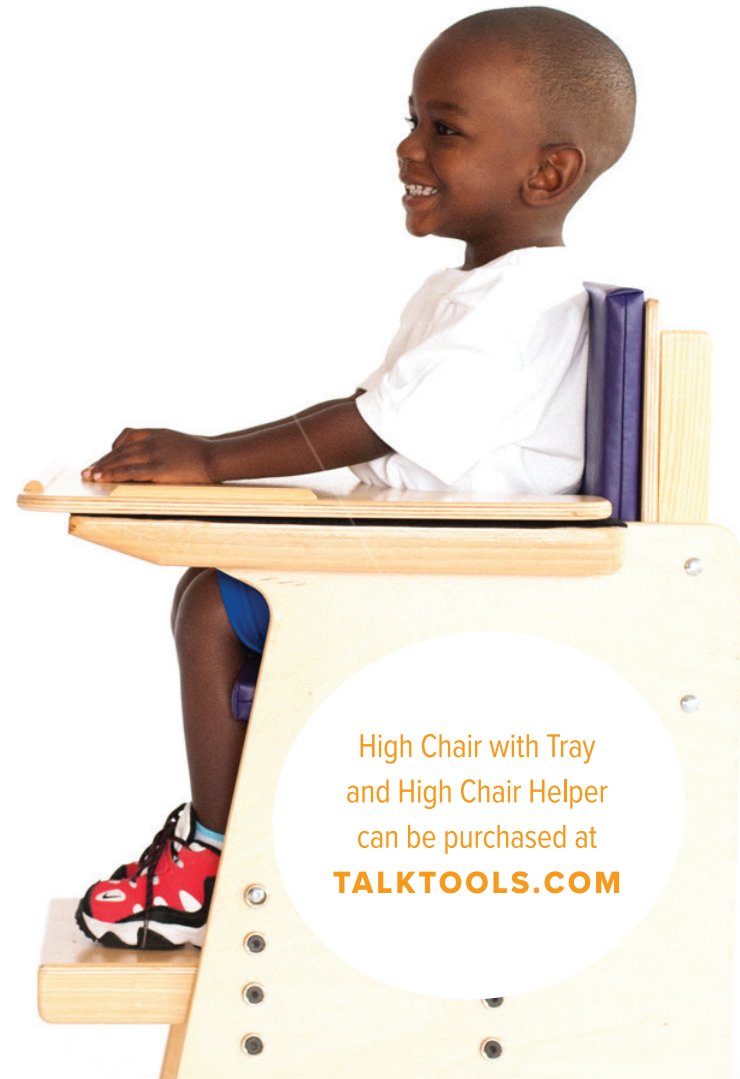
Screw handle together, then add screw back to secure.

Proper Positioning

- A. As in all muscle-based exercise work, the child must be placed in a stable posture. Establish a stable seating posture by choosing a chair which will encourage a 90-degree angle in the client's pelvis, knees, ankles and chin. Monitor to ensure that he/she maintains this posture during all muscle-based practice sessions. Work face-to-face with the client's hands down or at midline. A piece of Dycem® placed on the surface of the seat may assist in establishing and maintaining stability.
- B. The client's head must be maintained at midline (not off to one side or the other) while practicing this exercise, as pictured on the right.



Visit **WWW.TALKTOOLS.COM**
for more suggestions on positioning and technique.



High Chair with Tray
and High Chair Helper
can be purchased at
TALKTOOLS.COM

Suggestions for the TalkTools® Jiggler™ Sensory Intervention

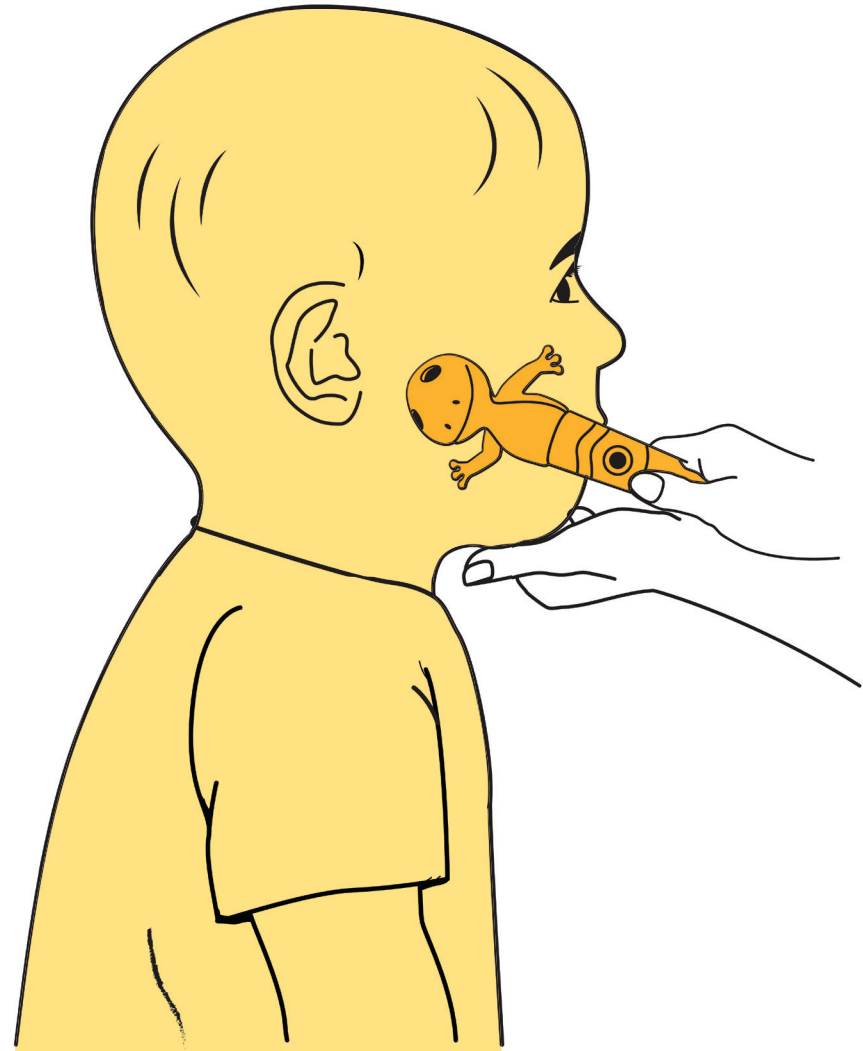
1. In most situations it will be important for the therapist to hold the tool to ensure proper placement. In some instances, allowing the child to hold the tool initially or using a hand-over-hand placement may increase acceptance of the new tool.
2. It is important to note that some clients who are over responsive to sensory input may respond negatively to the vibration. The Jiggler can be used with or without vibration, depending on the needs of the individual client.
3. These tools can be used to satisfy the need for TMJ stimulation in clients and replace other negative oral habits such as teeth grinding, thumb sucking and/or finger suckling.
4. These tools are intended for external use with adult supervision. Chewing on these tools is not recommended.

TalkTools® Jiggler™: Freddy Frog

GOAL #1

To reduce "fixing" (tightening in the muscles of the jaw) before muscle-based exercises, feeding and speech. This will satisfy the need for TMJ stimulation and release of a tonic bite.

- A. Place the round part of frog's head at the TMJ on the left side of the client's face. Press firmly to reduce "fixing," or to give deep pressure to the joint. Hold until the muscles relax, then repeat on the right side of the client's face. Repeat this process 3 times.



GOAL #2

To increase sensory awareness, using a smooth surface, in the muscles of the jaw and lips prior to the introduction of muscle-based exercises.

Feeding – Spoon feeding and cup drinking

OPT – Flat mouth horns, tongue depressor activity for lip closure

Speech – /m/ /b/ /p/

- A. Place the round part of Frog's head at the TMJ on the left side of the client's face. Use firm, elongated pressure to maintain contact with the surface of the skin while working down the jawbone to the corner of the lips on the left side of the mouth, taking 1-2 seconds to do so. Stop when you reach the corner of the lips. Repeat on the right side of the client's jaw.
- B. Repeat this process on the alternating side of the mouth, 3 times. End with firm pressure to the surface of the client's lips at midline. Remain at this position for 3-5 seconds.

GOAL #3

To improve lip rounding and lip protrusion.

Feeding – Straw Drinking

OPT – Bubble blowing and round mouth horns

Speech – /oo/ /oh/ /w/ /r/ /sh/ /ch/

- A. Place the round part of Frog's head at the TMJ on the left side of the client's face. Use firm, elongated pressure to maintain contact with the surface of the skin while working down the jawbone to the corner of the lips on the left side of the mouth, taking 1-2 seconds to do so. Stop when you reach the corner of the lips. Repeat on the right side of client's jaw. End by placing the round part of Frog's head ½" from the client's mouth at the lip midline and instruct the client to "kiss Frog's head". You may squeeze the client's cheeks to stimulate lip rounding if necessary.
- B. Repeat this technique, stimulating both sides of the mouth, 3 - 10 times.

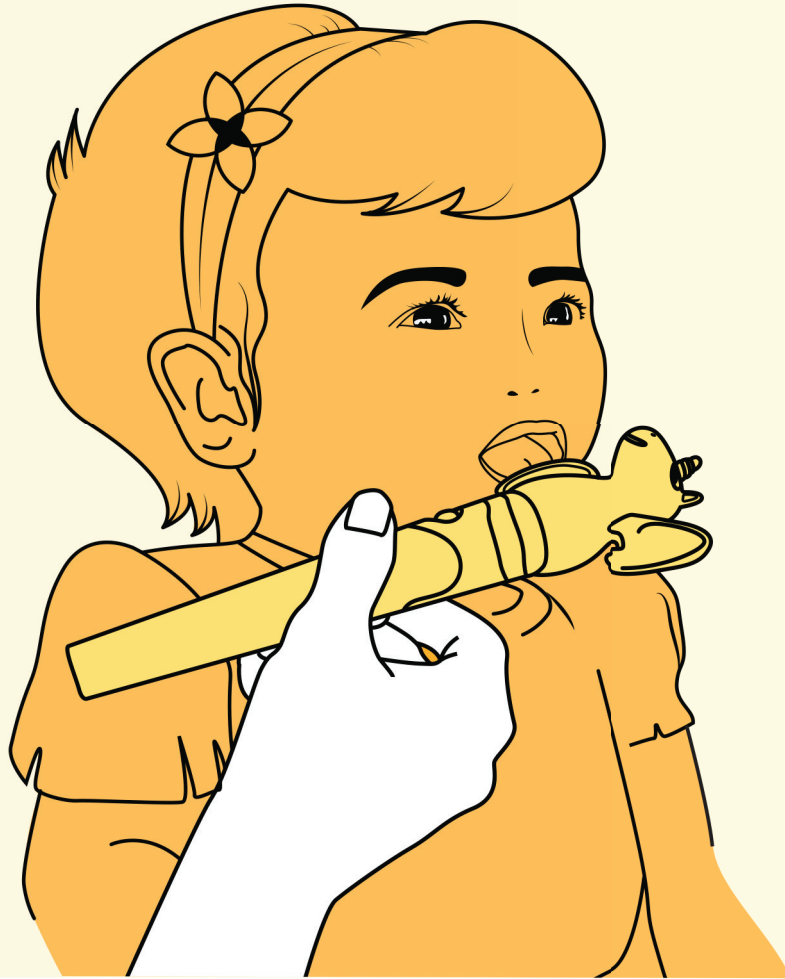
TalkTools® Jiggler™: Uni Unicorn

GOAL #1

To reduce "fixing" (tightening in the muscles of the jaw) before muscle-based exercises, feeding and speech. This will satisfy the need for TMJ stimulation and release of a tonic bite.

- A. Place the round back of Unicorn's head at the TMJ on the left side of the client's face and press firmly to reduce "fixing," or to give deep pressure to the joint. Wait until the muscles relax, then repeat on the right side of the client's face.
- B. Repeat this process 3 times.





GOAL #2

To improve lip closure and tongue retraction before muscle-based exercises, feeding and speech.

Feeding - Spoon feeding and cup drinking

OPT - Flat mouthed horns & tongue depressor

Speech - /m/ /b/ /p/

- A. Place the flat part of one of Unicorn's ears between the lips. Instruct the client to press their lips together on the ear and wait for the lips to close. Hold this position for 3-5 seconds.
- B. Repeat this technique 3-10 times, or until lip closure is consistently achieved.

GOAL #3

To introduce spoon feeding for clients including those with oral aversions.

STEP ONE

- A. This exercise can be performed with or without vibration, depending on the client's sensory needs.
- B. Begin by first allowing the client to explore the Unicorn, in either the "on" or "off" position, to ensure acceptance of the TalkTools® Jiggler™ both on and within the mouth.
We want the tool to be “fun” first.
- C. Once the client accepts the tool, place a small taste of favorite puree on the inside of Unicorn's wing.
- D. Turn Unicorn sideways so that the wing is facing the lips in the same position that would be used for spoon feeding. Place the wing on the client's lower lip and wait for the lips to close; you may assist in jaw stability or lip closure if necessary. Once the client achieves lip closure, remove Unicorn's wing from the client's mouth. This should be done with a straight backward motion, not in an upward direction.

- E. Repeat this technique until the client completely accepts the activity.
- F. Place the handle of a spoon on the body of the TalkTools® Jiggler™ running lengthwise so that the bowl of the spoon extends from the base. Put a small amount of a favorite puree in the bowl of spoon, and another on the surface of Unicorn's wing. Feed the child from the Unicorn's wing then remove the therapy tool and allow the child to swallow. Immediately turn the Unicorn around and feed the child the puree from the bowl of the spoon, then remove it and allow the child to swallow. Continue to alternate in this manner, feeding the child with Unicorn's wing followed by the spoon. Gradually eliminate the use of the wing until the child accepts all feedings from the spoon.

STEP TWO

- A. Introduce either lateral spoon placement for lip closure or front spoon placement for lip rounding, depending on the child's needs.

TalkTools® Jiggler™: Sammy Sloth

GOAL #1

To reduce "fixing" (tightening in the muscles of the jaw) prior to the introduction of muscle-based exercises and/or to satisfy the need for TMJ stimulation.

- A. Place the round back of Sloth's head at the TMJ on the left side of the client's face and press in firmly to reduce "fixing" or to give deep pressure to the joint. Wait until the muscles relax, then repeat on the right side of the client's face. Repeat this process 3 times.



GOAL #2

To improve sensory awareness in the muscles of the jaw and lips, prior to the introduction of muscle-based exercises.

Feeding – Spoon Feeding

OPT - Flat mouthed horns and tongue depressor

Speech – /m/ /b/ /p/

- A. Place the round back of Sloth's head at the TMJ on the left side of the client's face. Use firm, elongated pressure to maintain contact with the surface of the skin while working down the jawbone to the corner of the lips on the left side of the mouth, taking 1-2 seconds to do. Stop when you reach the corner of the lips.
- B. Repeat on the right side of the client's jaw. Repeat this process on alternating sides of the mouth, 3 times. End with firm pressure to the surface of the client's lips at midline. Remain at this position for 3-5 seconds.

GOAL #3

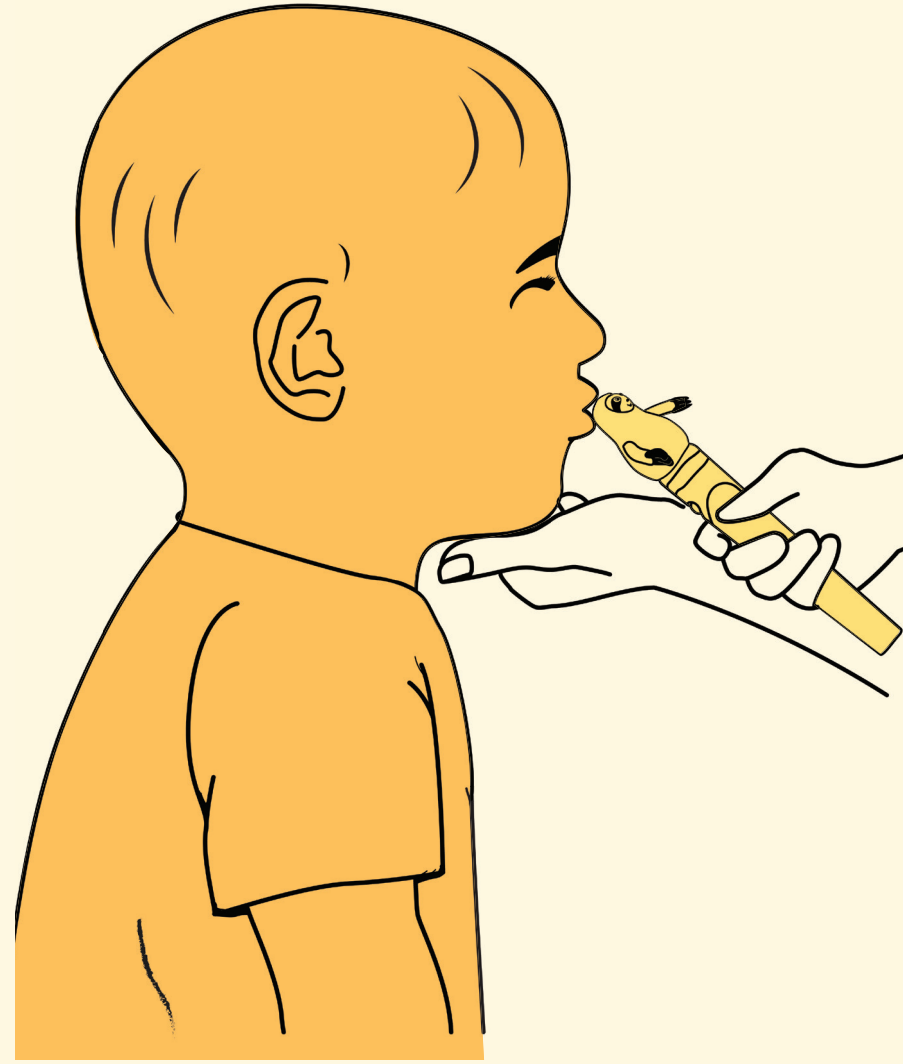
To improve lip rounding.

Feeding – Straw drinking

OPT – Bubble blowing and round mouth horns

Speech – /oo/ /oh/ /w/

- A. Place the round back of Sloth's head at the TMJ on the left side of the client's face.
- B. Use firm, elongated pressure to maintain contact with the surface of the skin while working down the jawbone to the corner of the lips on the left side of the mouth, taking 1-2 seconds to do. Stop when you reach the corner of the lips. Repeat on the right side of the client's jaw. End by placing the top of Sloth's head ½ " from the client's mouth at lip midline and instruct the client to "kiss Sloth's head". You may squeeze the client's cheeks to stimulate lip rounding if necessary.
- C. Repeat this technique, stimulating both sides of the mouth, 3-10 times.

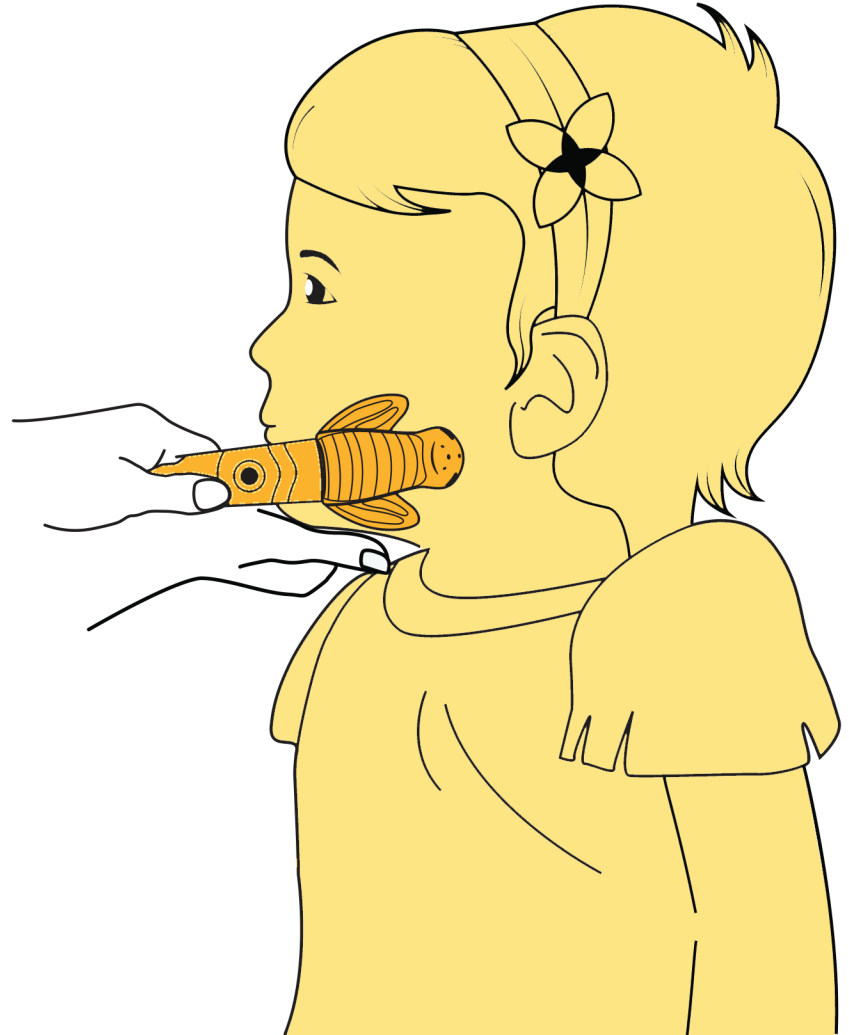


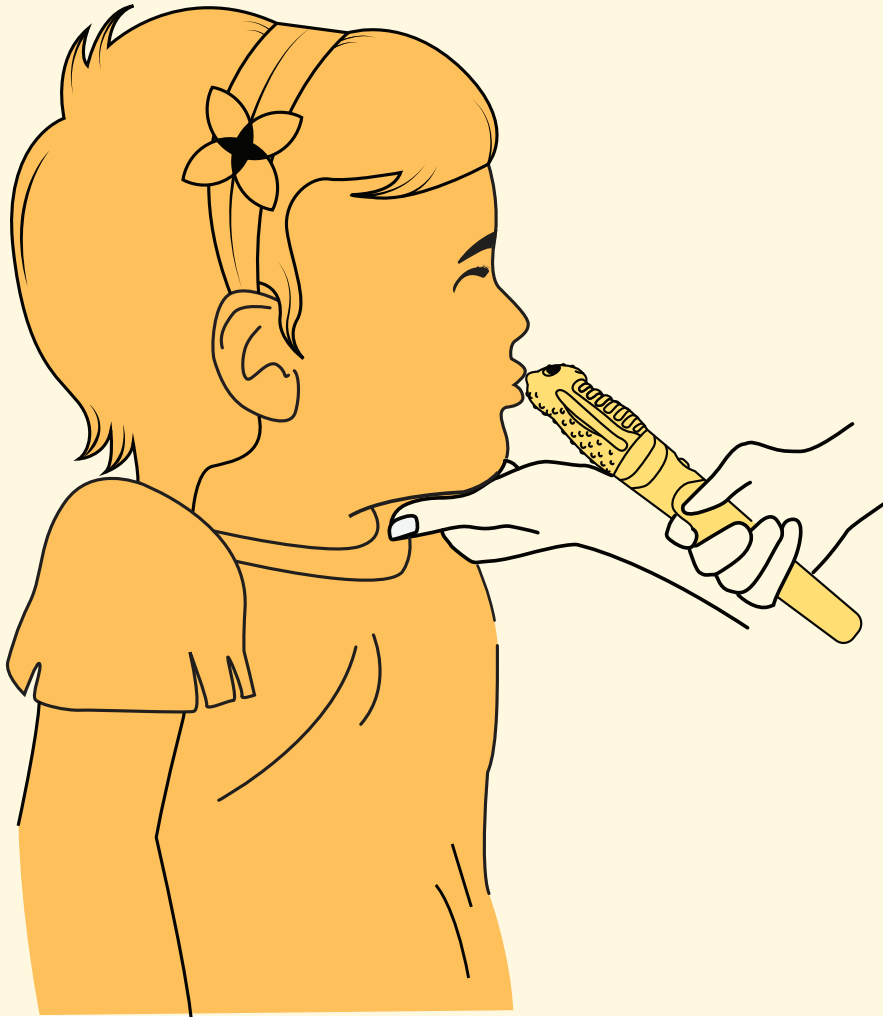
TalkTools® Jiggler™: Dani Dragon

GOAL #1

To increase sensory awareness.

- A. Place the round back of Dragon's head at the TMJ on the left side of the client's face. Use firm, elongated pressure to maintain contact with the surface of the skin while working down the jawbone to the corner of the lips on the left side of the mouth, taking 1-2 seconds to do so. Stop when you reach the corner of the lips. Repeat on the right side of client's jaw.
- B. Repeat this process on alternating sides of the mouth, 3 times. End with firm pressure to the surface of the client's lips at midline. Remain at this position for 3-5 seconds.





GOAL #2

To improve lip rounding and tongue retraction.

Feeding – Straw Drinking

OPT – Bubble blowing and round mouth horns

Speech – /oo/ /oh/ /w/

- A. Place the textured back of Dragon's head at the TMJ on the left side of the client's face. Use firm, elongated pressure to maintain contact with the surface of the skin while working down the jawbone to the corner of the lips on the left side of the mouth, taking 1-2 seconds to do so. Stop when you reach the corner of the lips. Repeat on the right side of client's jaw.
- B. Repeat on the right side of the client's jaw. End by placing the textured top of Dragon's head ½" from the client's mouth at lip midline and instruct the client to "kiss Dragon's head". You may squeeze the client's cheeks to stimulate lip rounding if necessary.
- C. Repeat this technique, stimulating both sides of the mouth, 3-10 times.

TalkTools® Jiggler™

GOAL #3

To improve lip rounding and lip protrusion with the added texture on the Dragon for clients who need additional sensory input.

Feeding – Straw Drinking

OPT – Bubble blowing and round mouth horns

Speech – /oo/ /oh/ /w/ /r/ /sh/ /ch/

- A. Place the textured Dragon's head at the TMJ on the left side of the client's face. Use firm, elongated pressure to maintain contact with the surface of the skin while working down the jawbone to the corner of the lips on the left side of the mouth, taking 1-2 seconds to do so. Stop when you reach the corner of the lips. Repeat on the right side of client's jaw. End by placing the round textured part of Dragon's head ½" from the client's mouth at the lip midline and instruct the client to "kiss Dragon's head". You may squeeze the client's cheeks to stimulate lip rounding if necessary.
- B. Repeat this technique, stimulating both sides of the mouth, 3 - 10 times.



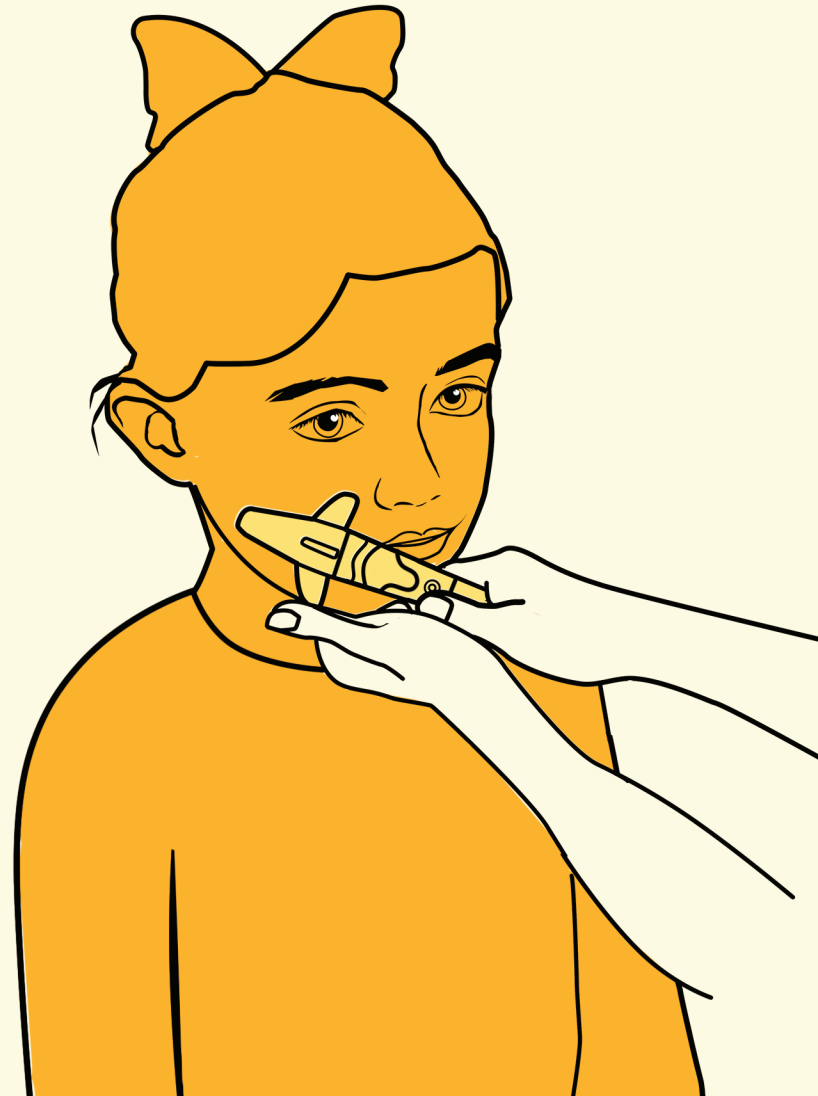


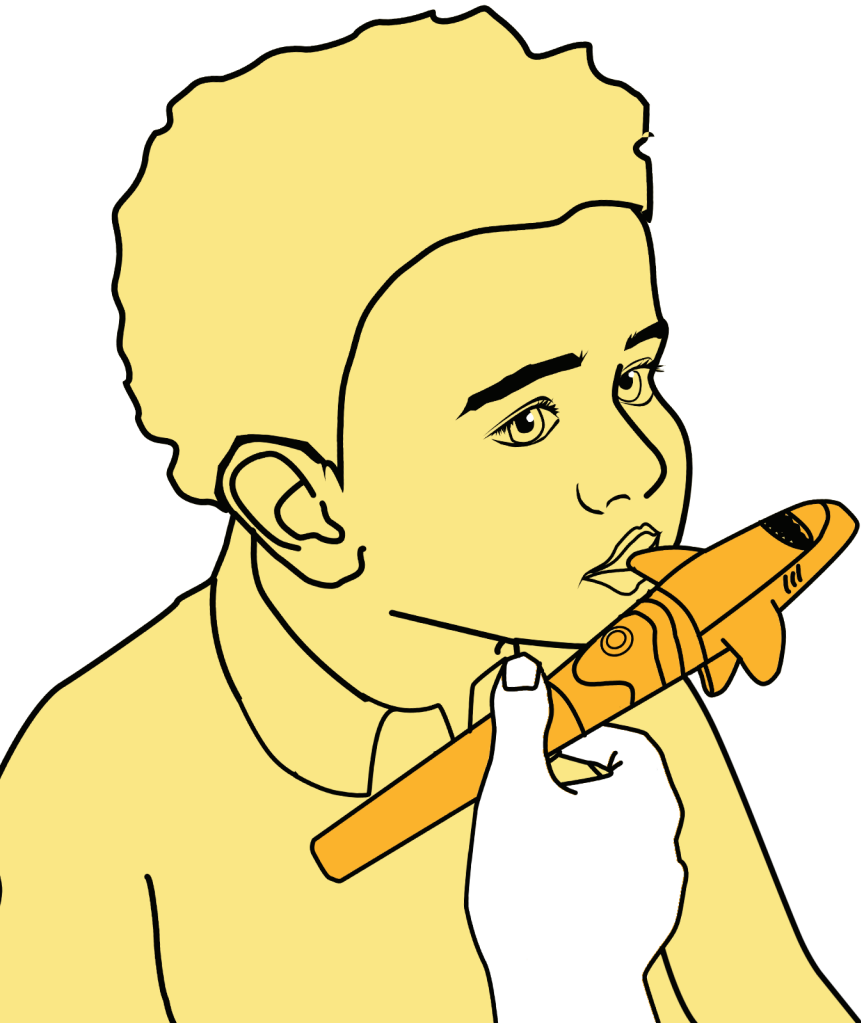
TalkTools® Jiggler™: Shilo Shark

GOAL #1

To increase sensory awareness and encourage texture acceptance.

- A. Clients can pick between the shark belly, bumpy, ruffled or smooth fins while encouraging increased texture acceptance.*
- B. Place the Shark Belly on the TMJ moving down the face. Use firm, elongated pressure to maintain contact with the skin while working down the jawbone to the corner of the lips on the left side of the mouth, taking 1-2 seconds to do so. Stop when you reach the corner of the lips. Repeat on the right side of the client's jaw. Place the fin on the bottom lip while the upper lip closes on the fin.*
- C. Repeat this technique for your chosen texture, up to 10 times or until lip closure is consistently achieved.*





GOAL #2

To improve lip closure and tongue retraction before muscle-based exercises, feeding and speech.

Feeding – Spoon feeding and cup drinking

OPT – Flat mouthed horns & tongue depressor

Speech - /m/ /b/ /p/

- A.** *Place long side of one of Shark's fins between the lips. Instruct the client to press their lips together on the fin and wait for the lips to close. Hold this position for 3-5 seconds.*
- B.** *Repeat this technique 3-10 times, alternating between the 3 different textured fins, or until lip closure is consistently achieved.*



TalkTools® Jiggler™: Taylor Turtle

GOAL #1

To encourage front feeding and promote lip closure

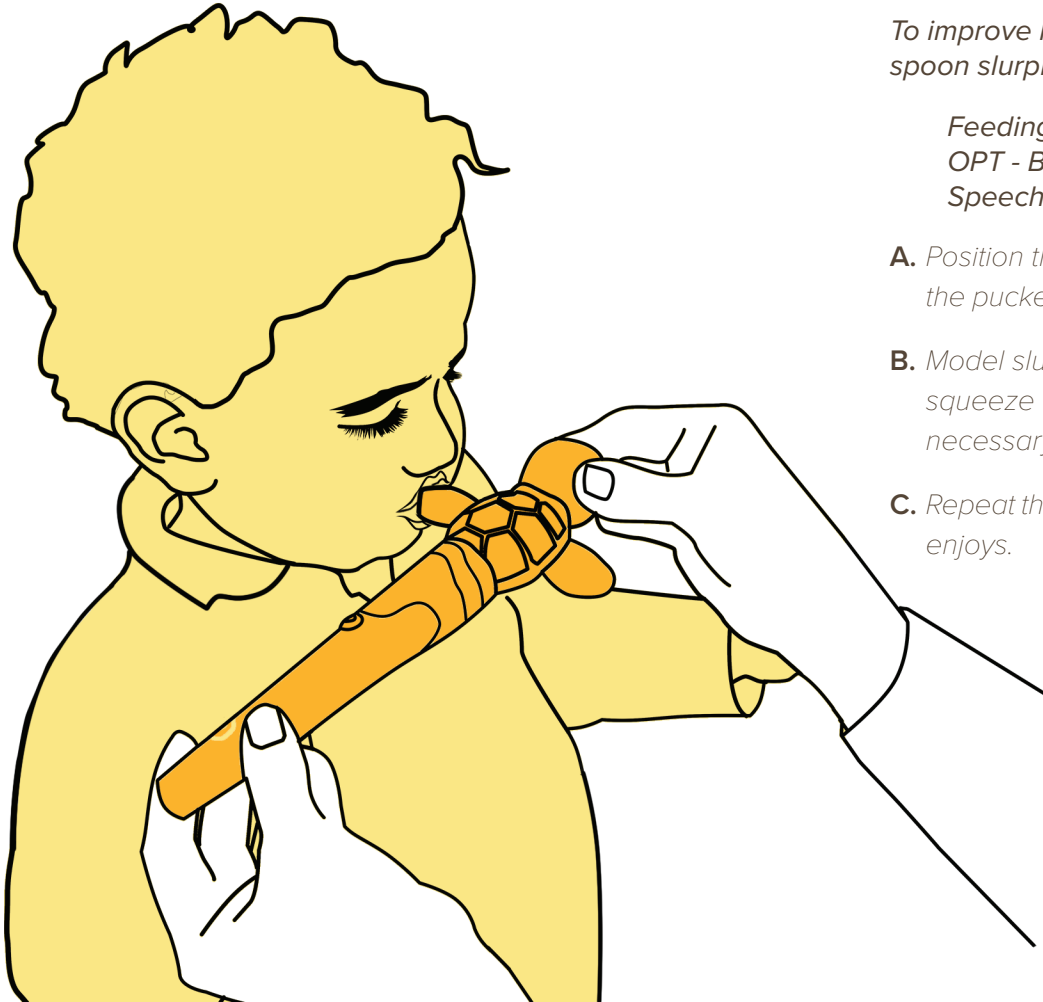
Feeding - Front Spoon feeding

OPT - Flat mouthed horns & tongue depressor

Speech - /m/ /b/ /p/

- A.** *Position the right side fin of the turtle between the lips of the client, coming in from the front.*
- B.** *Put the spoon into the client's mouth and wait for the lips to close. Pull spoon straight out while modeling the /m/ sound.*
- C.** *Repeat this feeding exercise with a puree that the client enjoys.*





GOAL #2

To improve lip rounding & protrusion and teach spoon slurping

Feeding - Spoon Slurp & Straw Drinking

OPT - Bubble blowing and Round mouthed horns

Speech - /oo/ /oh/ /w/ /r/ /sh/ /ch/

- A. Position the tip of the left side fin of the turtle between the puckered lips of the client at midline.*
- B. Model slurping until the client imitates. You may gently squeeze the client's cheeks to stimulate lip rounding if necessary.*
- C. Repeat this feeding exercise with a puree that the client enjoys.*

MORE OF YOUR FAVORITE SENSORY TOOLS:



TalkTools®
Sensory Bean Bag Kit



Sensi
by TalkTools®



Spinner
and Toothies

TalkTools[®]



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3 years + | ADULT SUPERVISION REQUIRED.



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